

European Society of Clinical Pharmacy

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Research Committee

Monika Lutters



Background and current position (max 100 words)

Monika is assistant head of the pharmacy of Kantonsspital Baden, Switzerland, where she is responsible for clinical pharmacy, quality management and research. She is also responsible for the postgraduate specialization in clinical pharmacy. In her daily practice, she is regularly participating in interdisciplinary ward rounds in the departments of surgery, internal medicine and neurology, answering hotline questions of medical and nursing staff and working on interdisciplinary projects inside the hospital. She also takes care of a skilled nursing home where she is providing clinical pharmacy services.

Monika is a member of the General Committee of ESCP.

History within ESCP (max 100 words)

Monika has attended ESCP conferences for many years and has presented research results.

Research activities and selected publications (max 5)

Monika's research interests focus on: hospital discharge management, clinical decision support systems implemented in electronic prescribing systems, impact of clinical pharmacy services, detection and prevention of adverse drugs events, handling of drug-drug interactions, systematic reviews, evidence base medicine and eHealth. She is actually planning a project to detect and prevent the incidence of drug induced delirium. She is participating in a large interdisciplinary, multisite study on "Automatic detection of adverse drug events in the geriatric care" founded by the Swiss National Foundation.

Selected publications are:

Lutters M, Vogt N. *What's the basis for treating infections your way? Quality assessment of review articles on the treatment of urinary and respiratory tract infections in the elderly.* Journal of the American Geriatrics Society 2000; 48(11): 1454-61

Lutters M, Vogt N. *Antibiotic duration for treating uncomplicated, symptomatic lower urinary tract infections in elderly women. A systematic review.* The Cochrane Library 2002, update in 2008.

Lutters M, Vogt N, Harbarth S, Janssens JP, Freudiger H, Herrmann F, Michel JP. *Effect of a comprehensive multidisciplinary, educational program on the use of antibiotics in a geriatric university hospital;* Journal of the American Geriatrics Society 2004; 52: 112-116

Brühwiler LD, Schönenberg ST, Hersberger KE, Lutters M. *Verständlichkeit und Darstellung von Medikationsplänen: Wird die Patientensicht berücksichtigt?* Praxis 2016; 105: 1249–1254.

Brühwiler LD, Hersberger KE, Lutters M. *Hospital discharge – What are the problems, information needs and objectives of community pharmacists? A mixed method approach.* Pharmacy Practice 2017 Jul-Sep; 15(3): 1046.

Other activities (max 100 words)

Monika is supervising PhD students and master theses in collaboration with different universities. She is lecturer and coordinator of block courses in institutionalised pharmacy at University ETH Zürich.

Inside the national organisation GSASA (Swiss Association of Public Health Administration and Hospital Pharmacists), Monika is involved in the working groups “clinical pharmacy activities” and “drug information systems”. She also helped to update the quality reference system for hospital pharmacies (RQS/RQPH) which is based on the ISO norm 9001:2015 and act as an expert for this norm in audits of hospital pharmacies.

Monika has a long history teaching experience, not only for pharmacy students, but also hospital pharmacists, community pharmacists, physicians, nurses, and other health care professionals, inside and outside the hospital, on a large variety of topics as geriatrics, discharge management, drug administration, and different drug treatments.