
Research Committee

Vibhu Paudyal

B. Pharmacy,
MSc (Clinical Pharmacology)
PhD Pharmacy Practice



Background and current position (max 100 words)

Vibhu is a Senior Lecturer in Clinical Pharmacy and Pharmacy Practice at the University of Birmingham, Birmingham, England. He previously worked as a Lecturer of Pharmacy Practice at Robert Gordon University, Scotland from Jan 2011 to Dec 2013. Vibhu worked as an industrial pharmacist during early career stage before embarking into academic pharmacy career in clinical pharmacy and pharmacy practice. He is an associate editor of the International Journal of Clinical Pharmacy and editorial board member of Research in Social and Administrative Pharmacy. Vibhu has led research as a principle investigator in studies involving homeless healthcare, self-care in offshore workers. Vibhu (as a PI) was awarded the 2016 ESCP Research Grant for a systematic review project investigating clinical outcomes assessment in pharmacy minor ailments management.

History within ESCP (max 100 words)

Vibhu joined as been a member of the Research Committee since 2017. He has been a regular presenter of workshop sessions as well as oral and poster communications of his research work at ESCP meetings since 2013.

Research activities and selected publications (max 5)

Self care, management of minor ailments, public health and pharmacy services, pharmacovigilance including medication errors are Vibhu's key research areas of interest. Population of interest includes the homeless, pharmacy clientele and the general population.

He has published over 20 peer reviewed papers. Selected publications are:

Gibson- Smith K, Paudyal V , Stewart D, MacLure K, Forbes-McKay K, Buchanan C, Wilson L, Smith A, MacLeod J. Relocating patients from a specialist homeless healthcare centre to general practices: a multi-perspective study. British Journal of General Practice 2017 (in Press).

Paudyal V, MacLure K, Buchanan C, Wilson L, McLeod J, Stewart D. When you are homeless, you are not thinking about your medication, but your food, shelter or heat for the night': behavioural determinants of the homeless population adherence to prescribed medicines. Public Health 2017: 148: 1-8.

MacLure K, MacLeod J, Forbes-McKay K, Paudyal V, Cunningham S, Strath A, Lynch R, Stewart D. A Case Study Investigation into the Use of Multi-compartment Compliance Aids in Older People Resident in Very Sheltered Housing. *The Patient - Patient-Centered Outcomes Research* 2016;9(6):583–590.

Watson MC, Ferguson J, Barton GR, Maskrey V, Blyth A, Paudyal V, Bond CM, Holland R, Porteous T, Sach TH, Wright D, Fielding S. A cohort study of influences, health outcomes and costs of patients' health seeking behaviour for minor ailments from primary and emergency care settings. *BMJ Open* 2015;5:e006261.doi:10.1136/bmjopen-2014-006261.

Paudyal V, Watson MC, Sach T, Porteous T Bond CM, Wright DJ, Cleland J, Barton G, Holland R. Are pharmacy-based Minor Ailment Schemes a substitute for other service providers? A systematic review. *British Journal of General Practice* 2013 63;612:359-362 (e472-e481).

Other activities (max 100 words)

Vibhu supervises doctoral, master and undergraduate research project students. Research areas of the doctoral students he has successfully supervised or currently supervising includes self care, minor ailments management and medication errors. He is also an active educator within University of Birmingham which involves teaching pharmacy undergraduate and postgraduate courses as well as inter-professional learning sessions with related disciplines. Vibhu is also the pharmacist pre-registration training lead at University of Birmingham.